

Marshall School

May 2020 Newsletter

Mrs. Juanita Diaz, Principal

Marshall School Staff, Parents and Community, Together We Will Persevere!

Teaching That Goes Beyond The Walls of The School

What are we working on in Pre-K this month?


Theme: Moving On

- Math: We are working on addition and patterns rote counting to 20.
- Sci: We are working on living and non-living things and exploring the environment.
- SS: We are working on geographical features, going new places and doing new things.
- Reading: We are working on stories about new places, new experiences, and getting ready for kindergarten.
- Writing: We are working on illustrating and dictating stories across our theme of the month.
- Physical Development: Hop on one foot, skip, catch, throw and balance.

What are we working on in Kindergarten this month?

- Math: We are working on identifying 3 Dimensional Shapes.
- Sci: We are learning about different types of weather and how the weather affects people, plants and animals.
- SS: We are learning about recycling goods and services.
- Reading: We are becoming avid readers.
- Writing: We are writing persuasive pieces.

IB Corner: Attitudes & Attributes

- **International Baccalaureate (IB)** is an international system of education.
- **May IB Learner Profile, Reflective:** I can think about learning, and know what I am good at doing, and what I need to work on.
- **The aim of IB is to develop internationally minded people.** As IB learners our students are working hard to demonstrate these attitudes. 



Home Connection

Pre-Kindergarten: While students are home, they will work on projects that are in the lesson plans. This will help to review concepts they've learned through our sessions while also strengthening their fine motor skills.

Kindergarten: As we explore helping our community, school, and family, encourage your children to help out at home with chores (cleaning up toys, setting the table, etc.) Encourage them to recycle and remind them of how it impacts the environment.

Social-Emotional: Play a board game together, have story time and share moments of gratitude, when everyone says what they are thankful for. Family time helps children feel more secure. Focusing on something positive increases our hope and optimism.

Appreciation I am thankful! 	Enthusiasm I am excited! 	Cooperation I work with others! 	Creativity I can make it better! 
Confidence I know I can! 	Commitment I will not give up! 	Curiosity I wonder! 	Integrity I tell the truth! 
Empathy I know how you feel! 	Tolerance I accept others! 	Independence I can do it by myself 	Respect I am polite! 



Coping with stress during the 2019-nCoV outbreak



It is normal to feel sad, stressed, confused, scared or angry during a crisis.

Talking to people you trust can help. Contact your friends and family.

If you must stay at home, maintain a healthy lifestyle - including proper diet, sleep, exercise and social contacts with loved ones at home and by email and phone with other family and friends.



Don't use smoking, alcohol or other drugs to deal with your emotions.

If you feel overwhelmed, talk to a health worker or counsellor. Have a plan, where to go to and how to seek help for physical and mental health needs if required.

Get the facts. Gather information that will help you accurately determine your risk so that you can take reasonable precautions. Find a credible source you can trust such as WHO website or, a local or state public health agency.



Limit worry and agitation by lessening the time you and your family spend watching or listening to media coverage that you perceive as upsetting.

Draw on skills you have used in the past that have helped you to manage previous life's adversities and use those skills to help you manage your emotions during the challenging time of this outbreak.



Community Resources

Salvation Army Emergency Food

M-F, 10-3, Appt. Only
516-485-4900, ext. 10.

Iglesia Pentecostal De Hempstead Food Pantry

(516) 292-1780

Displaced / Homeless Families

Before 4 PM: The Department of Social Services 516- 227-7525

After 6 PM: The Warm Bed Hotline
516- 573-8626

Dial 2-1-1 or Visit 211.org, Crises and emergency disaster assistance and other essential services.

HOTLINES

Coronavirus Hotline

888-364-3065

Alcoholics Anonymous

516-292-3040

Narcotics Anonymous

516-827-9500

Child Abuse

1-800-342-3720

Long Island Crisis Center

516-679-1111

New York State Domestic Violence

1-800-942-6906

National Suicide Prevention Lifeline

1-800-273-8255

Please contact the School Social Worker, Mrs. Daubon, for more referrals.
adaubon@hempsteadschools.org

Vaccines and Immunizations

The CDC recommends that you keep your children up-to-date with the recommended vaccination schedule. "Vaccines are the safest way to protect you, your children and your community from a long list of serious and potentially life-threatening illnesses. Vaccines protect you by preparing your immune system to recognize and fight serious, and sometimes deadly, diseases."

<https://www.health.ny.gov/prevention/immunization/>

To view the immunization schedule visit:

<https://www.cdc.gov/vaccines/schedules/hcp/imz/child-adolescent.html>

For more information regarding vaccines please call:

NYSDOH Bureau of Immunization at 518-473-4437.

Visit Hempsteadschools.org to see updated information on our Grab & Go Program available to all students Mon-Fri.